

WINTER TIMETABLE 2024

As the first and only open access, community-based women and girls centre in Newcastle, we aim to build the power of women and girls, who have been and continue to be disenfranchised. We seek to drive positive change in the world, our community and in women and girls lives.

West End
Women and Girls Centre

#40MoreYears



	Morning	Afternoon	Evening
Monday	TOON TOTS – STAY AND PLAY 9.30 – 11.00 <i>Women and children aged 0-5 years. Stay and play together, fun activities for babies and toddlers.</i>		
Tuesday	WOMEN'S FARMING 9:30am-2:30pm <i>Come and visit our lovely farm in Northumberland – help us to grow vegetables and crops, look after the animals, breathe the fresh air and work the land together. Places are available on the minibus.</i>	ESOL (Online) 12:30-2:30 <i>ESOL class with a difference – all levels welcome. Free English classes provided by Action Foundation for women NOT attending college. No creche available</i>	TUESDAY CLUB 5:00-7:00 <i>Ages 5-11 years. Fun activities for all primary school girls. Art and Craft, dance, sing, scream, make new friends</i>
Wednesday	ONE STOP SHOP 9:30 – 12:00 <i>Have a free healthy brunch and make new friends. Get support and advice with welfare benefits, domestic abuse and much more.</i> ----- WOMEN'S CYCLING 10:30-11:30 <i>Learn how to ride a bike, or get back on one again! All abilities welcome, no experience necessary. Bikes and helmets provided.</i>		COOK IT – GROW IT 4:00-6:00 <i>Ages 8-13 years. Learn to cook tasty healthy recipes, learn how to grow things, play games, ride a bike, develop skills and make new friends!</i>
Thursday		ESOL (In the Centre) 12:30-2:30 <i>Come along to an ESOL class with a difference – all levels welcome. Free English classes provided by Action Foundation for women NOT attending college. No creche available</i>	OLDER GIRLS 5:30-7:30 <i>Ages 13-19 years. Come and have a frisk, smash the patriarchy and make new friends.</i>
Friday	WOMEN'S COOKERY 9:30-11:30 <i>Susan, our Community Cook runs this friendly social cookery session where you can come along, cook with women from all over the world and eat together.</i>		

West End Women and Girls Centre
Stephenson Building, 173 Elswick Road,
Newcastle upon Tyne NE4 6SQ

Website: www.westendwomenandgirls.co.uk
Telephone: (0191) 2734942
Email: info@westendwomenandgirls.co.uk

Facebook: www.facebook.com/westendwomenandgirls
Twitter: @WEWAGC
Instagram: @WEWAGC